

Alcohol and Other Drug Services

Accessing supports in the Inner- and Outer- Areas of Melbourne



Person or their friend/family member has AOD concerns, wants to access support in the Inner East

Inner East AOD Intake (ECADS)

for Boroondara, Whitehorse, Manningham and Monash

1800 778 278 **ecads.org.au**

Person or their friend/family member has alcohol and/or other drug concerns, wants to access support in the Outer East

Outer East AOD Intake (SURE)

for Maroondah, Knox and Yarra Ranges Shire

1300 007 873 **sureaod.org.au**

Person or their friend/family member has misuse/dependence on medications, wants to access support in the East or North East

Medication Support & Recovery Service

1800 931 101 **msrs.org.au**

Reconnexion (Benzodiazepine, Anxiety & Depression Specialist Counselling)

1300 273 266 **reconnexion.org.au**

24 Hour Information, advice, referral or counselling regarding Alcohol and/or other Drug issues
via phone/web

Directline 1800 888 236 **directline.org.au**

Counselling Online **counsellingonline.org.au**

Advice and referral for **young people** and concerned others affected by alcohol and/or other drug use.

Anglicare **anglicarevic.org.au**

Access Health & Community **accesshc.org.au**

EACH SURE **sureaod.org.au**

Headspace **headspace.org.au**

Link Health & Community **Monashlink.org.au**

YSAS **ysas.org.au**

24 hour **phone** support and advice for people concerned about the alcohol and/or drug use of a loved one:

~Family Drug Helpline - 1300 660 068

~Family Drug Support - 1300 368 186

~First Stop online AOD guide for families
thefirststop.org.au

If person may be an immediate risk to self or others: CALL 000