

**You can tell anyone
who makes
you feel safe**



**Victoria Police:
Call 000**



**Disability Services
Commissioner:
Call 1800 677 342**



**Your family or
people who help you**



**Produced by Eastern Metropolitan
Regional Family Violence Partnership**

**Developed in consultation with the
Women with Disabilities Family
Violence Working Group**



**If you want to find out more information
about violence against people with
disabilities visit:**

wdv.org.au

wwda.org.au

**Safe Steps
1800 015 188**

**1800 RESPECT
1800 737 732**

Sunny App



**To find someone near you who
can help call
1800 RESPECT 1800 737 732**



RECOGNISING AND RESPONDING TO VIOLENCE

**People with disabilities have the
right to live free from violence**



**A RESOURCE FOR PEOPLE
WITH DISABILITIES,
THEIR FAMILIES
AND SUPPORTERS.**

VIOLENCE IS WHEN SOMEONE DOES SOMETHING THAT HURTS ANOTHER PERSON

Violence can be physical when someone:

- Hits you
- Kicks you
- Pushes you
- Pulls your hair
- Is rough with you



Violence can be emotional When someone calls you names, or says something:

- That hurts your feelings
- That makes you feel bad
- That makes you feel like you are doing wrong things

Violence can be abusive when someone:

- Takes away your wheelchair
- Gives you too much medicine
- Doesn't give you enough medicine
- Takes away your phone



Violence can be sexual when someone

touches you when you don't want to be touched

Violence can be financial when someone:

- Takes your money
- Stops you from using your money
- Won't let you decide how to use your own money



Violence can be psychological When someone tries to scare you by telling you they will hurt:

- You
- Your pet
- Your family
- Your friends

PEOPLE WHO ARE VIOLENT CAN BE ANYONE DOING THE WRONG THING
ALL VIOLENCE IS WRONG
YOU ARE ALLOWED TO TELL THEM TO STOP

